# **BREAKFAST WITH THE BUDDHA**



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Breakfast with Buddha is a 2007 spiritual fiction novel by American author Roland Merullo. According to this story, Otto Ringling, an editor of food books who lives in New York and a skeptic, reluctantly goes onto a road trip with Volya Rinpoche, a Siberian monk. This story, narrated in the first person by Otto, describes Otto's thoughts and beliefs, his conversations with the Rinpoche, and how he gains new perspectives on the world as well as his life, as a result of Volya Rinpoche's company.

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But "Breakfast With Buddha" would sit near the top of the list, with "Zen" and a few others, a lovely tale that enlarges perspectives without beating you over th When I was twenty-something, I read "Zen and the Art of Motorcycle Maintenance" and it pushed me toward becoming a different kind of human being.

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When he was asked what led him to write Golfing with God and Breakfast with Buddha, he said that he writes about things he cares about, and religion, loosely defined, is "high on that list". He and his wife are somewhere in between dogmatism and atheism and so, he tried to explore it in fiction. He also did so with a sense of humor. http://ebookslibrary.club/Breakfast-with-Buddha-Wiki-Everipedia.pdf

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When his sister tricks him into taking her guru on a trip to their childhood home, Otto Ringling, a confirmed skeptic, is not amused. Six days on the road with an enigmatic holy man who answers every question with a riddle is not what he'd planned.

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